

map-upto-length^{11,40}

$\forall T:\text{Type}, L:(T \text{ List}), f:(\{0..\|L\|^{-}\}\rightarrow T).$
 $(\forall i:\{0..\|L\|^{-}\}. f(i) = L[i]) \Rightarrow (L = \text{map}(f;\text{upto}(\|L\|)))$